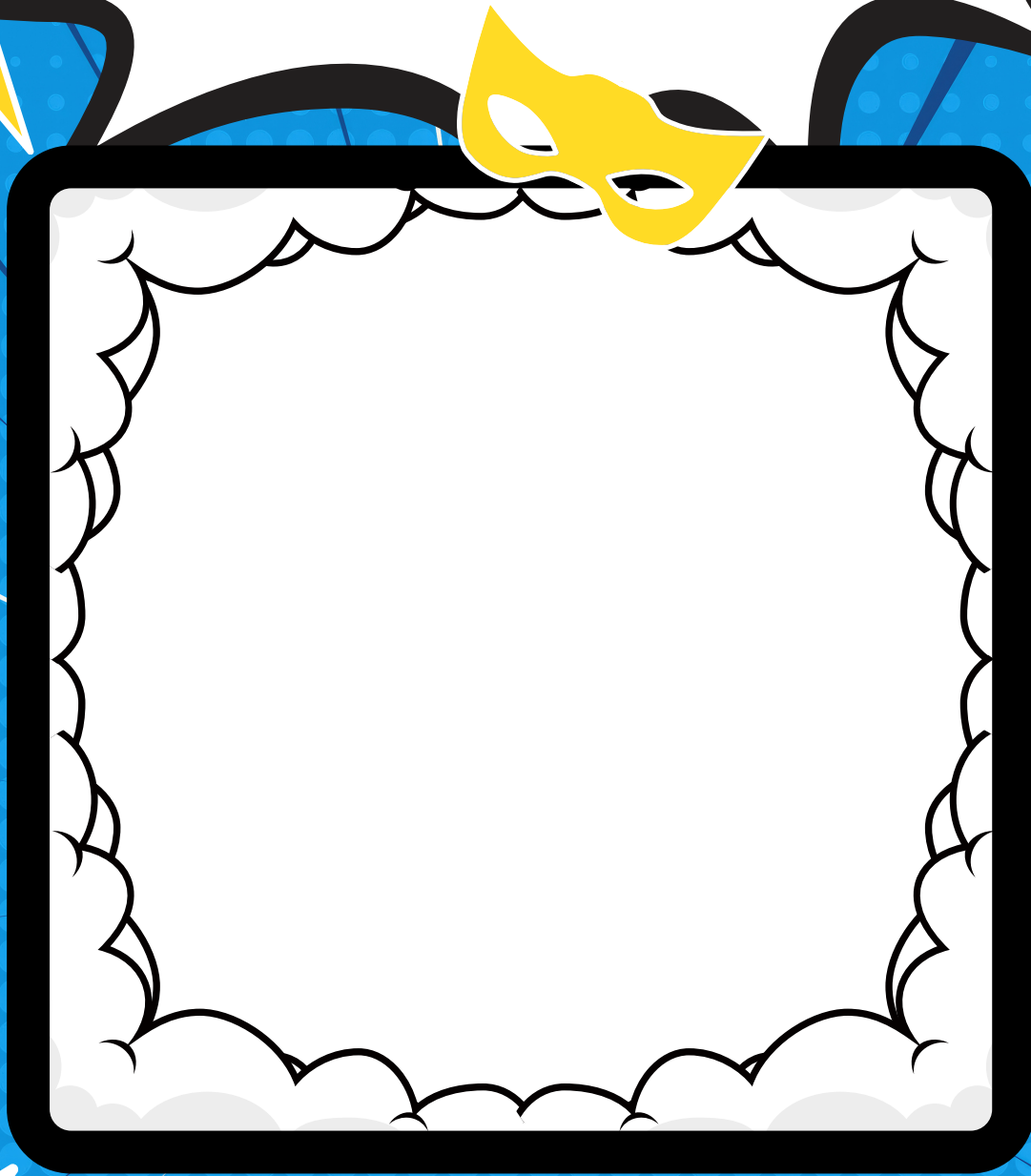


FEELINGS MASK



REVIEW

What makes you happy?

What makes you sad?

What can you do when you're sad?



SUPER GUIDE

MISSION OBJECTIVE

Strong feelings don't make you weak—they make you human. Talking about feelings helps you grow your inner strength. Heroes know how to ask for help and help others do the same!

INSTRUCTIONS

You get to create your own feelings mask. One side will be happy and the other side will be mad or sad. Then, answer questions about both sides. Finish this to get your Caring Hero Badge!